



**Community Newsletter**  
July 2025 • Miin Giizis Berry Moon



**Wahnapiitae First Nation**



# 2025 Department Open House

## SATURDAY, JULY 5

📍 Maan Doosh Gamig 🕒 9am - 3pm  
259 Taighwenini Trail Rd., Capreol ON

For registered band members only.  
Lunch and refreshments provided.


# WAHNAPITAE FIRST NATION 2025 ELECTION

## STATEMENT OF ELECTED CANDIDATES

JUNE 21, 2025

TO THE OFFICE OF CHIEF
<b>ROQUE, LARRY</b>
TO THE OFFICE OF COUNCILLOR
<b>ANDERSON, MARNIE</b>
<b>PITFIELD, ROBERT (BOB)</b>
<b>ROQUE, JAMIE</b>
<b>ROQUE, RAYMOND (TERRY)</b>

The position of Chief was elected by acclamation. This election, and all of its regulatory processes and requirements, were diligently conducted in accordance with the *Band Custom Election Code (2020)*.



ELECTORAL OFFICER  
250-384-8200 (ph) / voterhelp@onefeather.ca



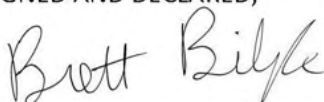
**WAHNAPITAE FIRST NATION****CAPREOL, ON****Official Consolidated Count Declaration – Councillor**

JUNE 21, 2025

This document declares and confirms the Official Ballot Count of ALL Councillor Ballots properly recorded for the Wahnapiatae First Nation 2025 Election immediately following the close of Regular Polls located in the Centre of Excellence, 259 Taighwenini Trail Road, Capreol, ON.

	<b>TOTAL</b>
<b>TOTAL BALLOTS CAST</b>	<b>223</b>
	<b>TOTAL</b>
<b>SPOILED BALLOTS</b>	<b>1</b>
<b>INDIVIDUAL CANDIDATE BALLOT COUNTS – FOUR (4) TO BE ELECTED</b>	
<b>ANDERSON, MARNIE</b>	<b>146</b>
<b>BOUCHER, MAUREEN (MOLLY)</b>	<b>79</b>
<b>DUHAIME, ZOE</b>	<b>51</b>
<b>PITFIELD, ROBERT (BOB)</b>	<b>101</b>
<b>ROQUE, JAMIE</b>	<b>100</b>
<b>ROQUE, RAYMOND (TERRY)</b>	<b>82</b>
<b>ROQUE, WILLIAM ALLEN (BILL)</b>	<b>36</b>
<b>TEDDY, MICHAEL (MIKE)</b>	<b>75</b>
<b>TEDDY, TROY</b>	<b>30</b>
<b>TULLOCH, JONATHAN ANDREW (ZHAABADIISH)</b>	<b>24</b>
<b>TYSON, CRAIG</b>	<b>71</b>

SIGNED AND DECLARED,



ELECTORAL OFFICER

250-384-8200 (ph) / voterhelp@onefeather.ca

**OneFeather**



# *Maamwiziwad Eshkiniigjik*

## **ANISHINAABE AADIZIWIN KENDAASWIN**

*Mshkiki-aadiziwin. Mino mshkikiwin.*

## *Youth* **CULTURE CAMP**

*Connecting youth to culture. Culture is good medicine.*

SKHC is hosting a **3-day cultural camp** for youth aged **13-17** to celebrate and embrace Anishinaabe culture.

**TUESDAY, JULY 8 to  
THURSDAY, JULY 10, 2025  
9 A.M. TO 4 P.M.**

*Meet each morning at 8:30 a.m. at the SKHC Community Centre, 105 Elm St., Suite E4.  
Spaces are limited. Registration required.*

### *Day 1*

Land Day at  
Bi-waasey Aasigeh  
(SKHC land)

### *Day 2*

Water Day in  
Wahnapitae First Nation

### *Day 3*

Equine Therapy Day  
in Wiikwemkoong

**FOR MORE INFORMATION AND TO REGISTER, PLEASE CONTACT:**

Jordan Assinewe, Manager of Community Relations and Health Promotion, 705-675-1596, ext. 205, or [jassinewe@skhc.ca](mailto:jassinewe@skhc.ca)



**Shkagamik-Kwe**  
HEALTH CENTRE



*Reflections*  
Nanauandweigig  
Bezhigoozhiik



# *Working with* **MEDICINES**

## ***Miin (Blueberry plant)***

The SKHC Traditional Program, in partnership with the Norman Recollet Health Centre in Wahnapiitae First Nation, invites you to join us on the land to forage blueberry plants and other seasonal medicines. We'll learn about their traditional uses, teachings and health benefits.

**Thursday, July 3, 2025**  
**10 a.m. to 2 p.m.**  
**Wahnapiitae First Nation**

Limited spots available for transportation.  
Please meet at the SKHC Community Centre,  
105 Elm Street, at 8:45 a.m.

*Lunch provided. Registration required.  
Participants must dress according to weather  
and have proper footwear.*

**NOTE:**  
If rain is in  
the forecast,  
the medicine  
harvest may be  
canceled.

**FOR MORE INFORMATION AND TO REGISTER, PLEASE CONTACT:**

Geesohns Manitowabi, Director, Traditional Program, at 705-675-1596, ext. 232, or [gmanitowabi@skhc.ca](mailto:gmanitowabi@skhc.ca)



**Shkagamik-Kwe**  
HEALTH CENTRE





## Welcoming Our Incoming Wahnapiatae First Nation Councillors



Following the recent election, Wahnapiatae First Nation will welcome four elected Councillors who bring a wide range of experience, values, and community commitment to their new term in office. As they prepare to take their seats on Council, each one will carry forward a strong vision for our Nation's future rooted in service, advocacy, and pride.

Bob Pitfield will return to Council with continued dedication after serving multiple terms. He will bring his proven leadership, having helped guide Wahnapiatae through major accomplishments such as the final settlement of the land claim and the RHT trust establishment. Bob will focus on ensuring these funds continue to benefit future generations. He will also support infrastructure improvements, economic development initiatives such as ADLP, and the continued work on self-governance and sovereignty. Known for his humility and steadfast commitment to the people, Bob will continue serving with integrity and long-term vision.

Jamie Roque will serve on Council with a deep personal history in Wahnapiatae and strong roots in public service. As the daughter of WFN's first elected Chief and with experience in education, engineering, and parent council leadership, Jamie will bring transparency, accountability, and responsiveness to the role. Her focus will include improving roads and infrastructure, supporting law enforcement and public safety, and creating local employment through small business support and environmental sustainability. Jamie's hands-on community experience will guide her in advocating for wellbeing and strong community ties.

Marnie Anderson will bring a health and education-based perspective to Council, shaped by her extensive

work in Indigenous health, youth wellbeing, and policy development. Holding a Master's in Interdisciplinary Health from Laurentian University and a record of collaboration with over 35 First Nations, Marnie will focus on holistic health, language and cultural revitalization, and environmental responsibility. Her priorities will reflect her belief in reciprocity, the Honorable Harvest, and building a healthier, more connected future for all.

Terry Roque, a longtime Housing Coordinator and community member, will bring practical experience and dedication to advancing safe, sustainable housing for members. Having helped build homes and secure funding in his previous role, Terry will aim to expand housing opportunities, especially for returning members and families. He will serve with integrity and a deep respect for the voices of elders and youth, working to ensure all members feel represented and supported by Council.

Together, these four incoming Councillors will work alongside the Chief and Administration to advance Wahnapiatae First Nation's priorities—supporting good governance, meaningful engagement, and long-term community strength. Their unique backgrounds and shared commitment will help guide the Nation forward with care, accountability, and purpose.

**Diabetes Awareness**  
**INFOSESSION**  
**THURSDAY, JULY 10**  
📍 MDG 🕒 10 am  
✉ [heather.roy@wahnapiataefn.com](mailto:heather.roy@wahnapiataefn.com) ☎ (705) 858-7700

CONGRATULATIONS

2025  
Class of



NORMAN RECOLLET MEMORIAL BURSARY DEADLINE TO APPLY: JULY 15, 2025



GRADE 8 APPLICATION



GRADE 12 APPLICATION



## Call for Elders & Knowledge Keepers

Wahnapiitae First Nation is looking to compile a list of members who can facilitate and assist with traditional ceremonies and teachings.

Should you know of someone who would be a good fit for these roles, please contact:

✉ [communications@wahnapiitaefn.com](mailto:communications@wahnapiitaefn.com) ☎ (705) 858-0610

LOVE • RESPECT • COURAGE • HONESTY • WISDOM • HUMILITY • TRUTH





# Member Input Engagement Session

Join us for an update on Aki-Eh Dibinwewziwin LP, and a presentation on potential new mining ventures by Bob Yeamans of Technica Mining.

## Monday, July 21

📍 Maan Doosh Gamig 🕒 5:30 pm

In person or virtual. For registered band members only.  
Light snacks and refreshments provided.

To request virtual meeting link or for more information,  
please contact: ✉️ [Melissa.Brideau@wahnapitaefn.com](mailto:Melissa.Brideau@wahnapitaefn.com) ☎️ (705) 858-0610



**aki-eh**  
DIBINWEWZIWIN



Technica Mining

**NEW EVENT DATE**



# SENIORS' Pontoon Fishing Trip

**MONDAY, JULY 14**

📍 Depart from Hiawatha's Marina

🕒 9:00 am returning 3:00 pm

Limit of 7 seats. RSVP to Heather by July 9.

✉️ [heather.roy@wahnapietaefn.com](mailto:heather.roy@wahnapietaefn.com)

📞 (705) 858-7700





# Diabetic Snacks

PICK UP TAKE HOME KITS

**Thursday, July 24**

📍 Maan Doosh Gamig ⌚ 3-5pm

Must be diabetic and RSVP by Thursday, July 17.

For more information and to RSVP please contact:

✉ Heather.Roy@wahnapietaefn.com

📞 (705) 858-7700



# Senior Activity Kits

J U L Y

MEDICINE POUCH

*Sign-up by July 3.*

*Delivery by July 17.*



✉ Heather.Roy@wahnapietaefn.com 📞 (705) 858-7700

\*Must be a senior and signed up to receive kits.



# Teen Talk

**HUMAN TRAFFICKING  
AWARENESS INFOSESSION**

presented by Angels of Hope Sudbury

**Friday, July 18**

📍 Maan Doosh Gamig ⌚ 6-8pm

RSVP by Tuesday, July 15.

✉ heather.roy@wahnapietaefn.com

📞 (705) 858-7700



# Transform Tuesdays

Exercise Activities with Heather & Alison

**July 8, 15, 22 & 29**

📍 Maan Doosh Gamig ⌚ 11:00 AM

Exercises can be modified for mobility needs.

For questions or more information please contact:

✉ Heather.Roy@wahnapietaefn.com

✉ Alison.Sabzali@wahnapietaefn.com

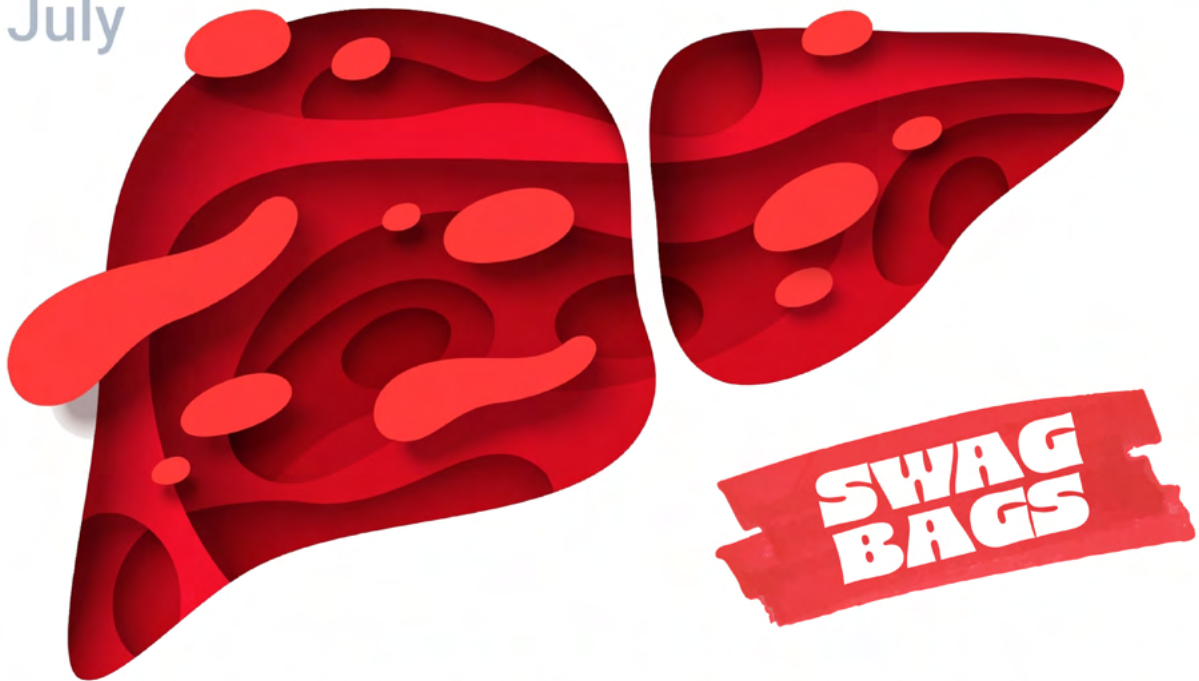
📞 (705) 858-7700



# WORLD HEPATITIS

28th  
July

DAY



## INFO SESSIONS

**MONDAY, JULY 28**

📍 MDG      🕒 9:30am-12:30pm

Lunch and refreshments provided.

✉️ [heather.roy@wahnapiitaefn.com](mailto:heather.roy@wahnapiitaefn.com)      ☎️ (705) 858-7700



# Traditional Medicine Picking CONTEST



**Enter to WIN a brand new tablet!**

Pick a bit of each of the listed medicines and bring them to the Band Office on Thursdays.  
For registered band members only.

**Contest ends on Thursday, August 21.**

For questions or more information please contact:

✉ lori.corbiere@wahnapietaefn.com ✉ line.baillargeon@wahnapietaefn.com

☎ (705) 858-7700



## MEDICINE CHECK LIST:



**Red Pine**

**White Pine**



**Jack Pine**

**Black Spruce**



**Balsam**

**Hemlock**



**Ground  
Hemlock**

**Juniper**



**White Spruce**



**Tamarack**

**Comfrey**



**Red Willow**

**Mullein**



**Labrador  
Leaves**

**Yarrow**



**Pantain**



**Cedar**



**Goldthread Root**

*Seniors*

**T.L.C.**

*Tuesdays*

**July 8, 15, 22 & 29**

📍 Centre of Excellence - Elders Lounge 🕒 3:00 PM  
Cards, snacks and refreshments provided.

For more information and to RSVP please contact:

✉ Heather.Roy@wahnapietaefn.com 📞 (705) 858-7700



**Healthy Snacks  
Pick Up Dates**

**Tuesday, June 10**

**Tuesday, July 8**

*\*No bins available due to low returns.  
Please bring bags to pick up.*

📍 Family Wellness Centre (178 Loonway Road)  
🕒 3:00 PM to 6:00 PM

For questions and more information please contact:

✉ April.Cardinal@wahnapietaefn.com 📞 (705) 770-2477



***Stay in the know.  
Sign up for email alerts.***



**[www.tinyurl.com/wfn-email](http://www.tinyurl.com/wfn-email)**



***For questions or more information please contact:  
[communications@wahnapietaefn.com](mailto:communications@wahnapietaefn.com)***



WAHNAPITAE FIRST NATION, IN PARTNERSHIP WITH  
THE SHKAGAMIK-KWE HEALTH CENTRE, PRESENTS THE

# PAL GUN SAFETY COURSE

Sunday, July 6, 2025

9 a.m. to 5 p.m.

SKHC Community Centre

105 Elm Street, Suite E4

Sudbury ON

- ✓ Participants must be 18+.
- ✓ Please bring government photo ID.
- ✓ On-site application photos available.

RSVP by Thursday, July 3, 2025,  
by contacting Lori Corbiere at  
[lori.corbiere@wahnapietaefn.com](mailto:lori.corbiere@wahnapietaefn.com)  
or 705-858-7700.



Shkagamik-Kwe  
HEALTH CENTRE

LIMITED TO  
12 SEATS.  
Transportation  
available upon  
request.



## In Loving Memory of Wendy Tyson

It is with heavy hearts that we mourn the passing of Wendy Tyson, a pillar of our Wahnapiitae First Nation community. Wendy's loving and caring spirit was felt far and wide—whether through her warm presence, her generous heart, or her dedication to nourishing both body and soul.

Since launching in 2013, Soup's On! became one of our most beloved weekly gatherings, thanks to Wendy's tireless effort. Every Tuesday, community members eagerly awaited her comforting, home-made soups, sandwiches, and friendly

conversation. Wendy always welcomed a donation of any size, ensuring these meals remained accessible to all.



When asked about her favorite soup to prepare, she would share her love for tomato tortellini, though she confessed she “loves all soups.” She delighted in surprising the table—once unintentionally adding pineapple chunks to a cream-

of-potato soup (intended as corn niblets!)—yet her guests embraced the surprise, believing it to be a secret ingredient.



Through “Soup's On!,” Wendy fostered connection and joy in the simplest of moments.

Wendy's compassion extended far beyond nourishing meals. She was instrumental in supporting



community projects—helping to purchase gazebo materials, playground swings, garden boxes, and even nourishment for







the boys' drum group. Donations received during Soup's On! often supported our WFN Pow Wow and capital fundraising efforts. Her vision and generosity helped to build both community spaces and community spirit.

Wendy nourished our community in body and spirit. As we remember her kind words, joyful laughter, nurturing hands, and homemade soup, let us continue to follow her example, feeding the soul and heart of Wahnapiatae.



**Soup's On!**

**TUESDAYS**

📍 **MAAN DOOSH GAMIG**

☎ **(705) 858-0610**

**ORDER BY 11:00 AM PICK-UP BY 12:00 PM**

BY DONATION ONLY. ALL PROCEEDS OF SOUPS ON! CONTRIBUTE TO COMMUNITY PROJECTS & STUDENT BURSARIES.

**NORMAN RECOLLET HEALTH CENTRE**

**Wahnapiatae First Nation**



## ***It's Been a Busy Month in Education!***

We're working with Leo to finalize quotes for a new building to house the After

School Program (ASP) and Youth Leadership Program (YLP), and we're also planning repairs to our storage containers. We're still awaiting a response from Rainbow District School Board regarding our education service agreement.

Our pilot project with the Sudbury Catholic District School Board is going well. It was featured at the AES Conference, where other First Nations showed strong interest. Communication protocols are now in development to guide the next steps.

The draft strategic plan is complete and under review, with a community planning session coming soon. Key reports covering IELCC activity, finances, and student assessments have also been submitted.

Event planning is in full swing. Our annual award ceremony and open house are coming up, with schools and staff already involved. Summer Camp registration ran until June 19, with fun swag on the way and events like trips and band-wide fun being planned. After-School Program and Youth Leadership Program students will wrap up the year with a Neon Glow Party and scavenger hunt.

In post-secondary, 32 students applied for funding. So far, 26 have been accepted, three have extensions until June 12, and three were not approved and referred to Gezhtoojig Employment and Training. There was also a voting meeting between Laurentian University's LUNEC members.

Melanie Gravelle was hired on as the new Anishinabek Student Support Program on June 4. Check out her bio to the right!

Staff attended the ILECC Spring Gathering in Toronto, where they shared community successes and explored new ideas for funding, infrastructure, wellness, and program development.

In early years, the final Baby Eagle Staff session takes place June 18, with a Birthing Ceremony planned for July 31, and interviews for a secondary student to be

hired to assist with summer camp has taken place. Congrats Autumn Skelliter!

We look forward to continuing to serve WFN with more updates in the coming months!

*Miigwech,*

The Education Team



My name is Melanie Gravelle, I am the new Anishnabek Student Support Worker. I grew up in Azilda and lived in Southern Ontario for 10 years. I love the outdoors especially spending time swimming and camping. My favorite place to camp and fish is in River Valley where every summer as a child I would go camping with family and friends.

I am a graduate from College Boreal and received 2 diplomas (Child and Youth Worker and Law Clerk). I worked most of my career with children and youths that have special needs, behaviors or needing support. I have worked in schools, group homes and as a Behavioral Therapist.

I am a mom of a 7-year-old girl that loves to sing and dance. We love swimming and exploring the world together. When I have time to spare my favorite thing to do is reading. I have a huge collection of books and love getting lost in a good book.

I look forward to my new journey here at WFN and look forward to getting to know you.

***Don't forget to check our page on the website for Education updates, opportunities and bursaries!***



# Notice:

## Rental Units Available

To apply or for more information  
please contact:

✉ [housingcoordinator@wahnapietaefn.com](mailto:housingcoordinator@wahnapietaefn.com)  
☎ (705) 858-0610 ext. 210



## Online Job Board

Employment, Education and Training

[WWW.WAHNAPIAEFIRSTNATION.COM](http://WWW.WAHNAPIAEFIRSTNATION.COM)

# Community Eagle Staff

## MEMBERS CALL FOR DESIGN TEAM

To volunteer or for more information please contact:

✉ [Lori.Corbiere@wahnapietaefn.com](mailto:Lori.Corbiere@wahnapietaefn.com) ☎ (705) 858-0610





30TH ANNUAL TRADITIONAL

# P W W O W

HONOURING OUR ANCESTORS • GICHI-APIITENDAAGOZIWAG GIDAA-ANISHINAABEG

**SATURDAY, AUGUST 16**

6 AM • SUNRISE CEREMONY

11 AM • REGISTRATION

\*MUST BE IN FULL REGALIA TO RECIEVE HONORARIUMS

12 PM • GRAND ENTRY & DANCE SPECIALS

5 PM • COMMUNITY FEAST

DUSK • DREAMCATCHER FIREWORKS SHOW

**SUNDAY, AUGUST 17**

6 AM • SUNRISE CEREMONY

11 AM • REGISTRATION

\*MUST BE IN FULL REGALIA TO RECIEVE HONORARIUMS

12 PM • GRAND ENTRY & DANCE SPECIALS

4 PM • CLOSING CEREMONY & GIVEAWAYS

SUBSTANCE AND ALCOHOL FREE EVENT. NO PETS PLEASE.

For more information please contact Angie Servant, Pow Wow Coordinator:

✉ [angie.servant@wahnapietaefn.com](mailto:angie.servant@wahnapietaefn.com) ☎ (705) 662-1529 or visit [www.wahnapietaefirstnation.com](http://www.wahnapietaefirstnation.com).





# ***Post Secondary Student Sponsorship Opportunity***

***In partnership with Technica Mining, Wahnapiatae First Nation is offering a Post Secondary Sponsorship to one student each year for the next 5 years, beginning in fall 2024.***

***Each year this sponsorship will go to a new Wahnapiatae First Nation post-secondary student who is pursuing a career in the Mining Industry.***

***For more information or to access the application please contact:***

***📧 Nathan.Stgermain@wahnapiataefn.com 📞 (705) 858-0610 ext. 221***

***or visit [www.wahnapiataefn.ca/administration/education](http://www.wahnapiataefn.ca/administration/education)***





# SENIORS' TRIP BLUEBERRY PICKING

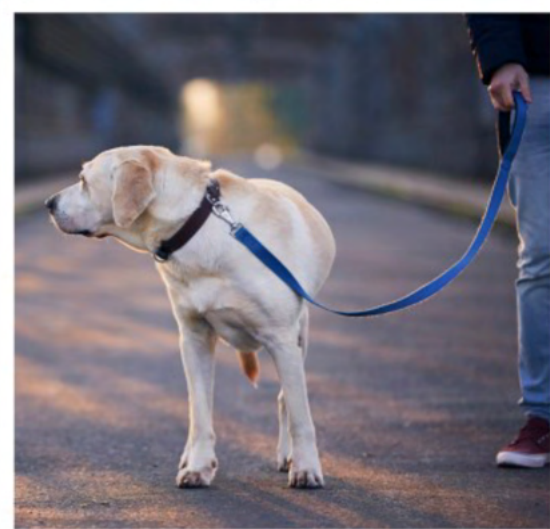
HOSTED BY GLENCORE



## Thursday, July 31

Departing Maan Doosh Gamig 🕒 9:00 AM  
Lunch and transportation provided. RSVP by July 24.

For more information and to RSVP please contact Heather:  
✉️ [heather.roy@wahnapietaefn.com](mailto:heather.roy@wahnapietaefn.com) 📞 (705) 858-7700



## Keep Your Pets Safe

Please respect your neighbours and remember to

- keep your animals in your yard
- keep them leashed on walks
- "poop and scoop"
- avoid letting them bark for long periods of time

For stray or loose dogs, please call:

Stray or nuisance dogs and cats and dogs and cats for adoption.



Call:  
705-673-DOGS(3647)  
or  
Toll Free:  
1-800-836-6661

411 St. Agnes St. West  
Box 640  
Azilda ON  
P0M 1B0

[www.rdshelter.ca](http://www.rdshelter.ca)





# NOTICE:

## Firewood Available for Purchase

*Please contact the office for delivery.*

The Firewood policy and others can be found online at: [www.wahnapitaefirstnation.com/our-community/laws-policies-procedures-more](http://www.wahnapitaefirstnation.com/our-community/laws-policies-procedures-more).




## Diabetes

Prevention programs, supports, referrals and services.

📍 190 Loonway Road 📞 (705) 858-7700

Call or visit us today.



## Anishinaabemowin Language Sessions

Co-Facilitated by Debbie Recollet & Debbie Plain-McGregor

**Tuesdays • July 8, 15, 22 & 29**

📍 Maan Doosh Gamig 🕒 5:30-7:30 pm

Open to all, light snacks and refreshments provided.

For more information please contact:

✉ [Lori.Corbieri@wahnapitaefn.com](mailto:Lori.Corbieri@wahnapitaefn.com) 📞 (705) 858-7700







## WASTE DIVERSION IN JULY

# REPAIR

**BEFORE TOSSING THAT RIPPED FLANNEL OR WOBBLY CHAIR,  
ASK YOURSELF – COULD THIS ITEM BE REPAIRED INSTEAD?**

Repairing items not only extends their lifespan and keeps them out of the landfill but also saves you money and helps reduce the demand for new materials and manufacturing. Waste audits across Canada show that many items that people throw away are still repairable, especially textiles, appliances, and furniture.

### DID YOU KNOW?

Every year, the world produces *92 million tons* of textile waste.

Canada alone trashes up to a *billion pounds* of fashion and home goods made of fabric every year.

**SCAN THE QR CODES FOR  
RESOURCES ON SEWING AND  
BASIC HOME REPAIRS**





## Miin Giizis Horoscope

### Salmon & Leo

People born at this time have a great strength. The strength that they possess comes from a fiery passion that could be said to trigger immense willpower. The demonstrative Leo energy, we know of in western astrology, is available to people born at this time. In Native American tradition it is believed that individuals born during this phase possess characteristics similar to the salmon, a creature that, at least once in their life, intuitively engages in a creative journey for the purpose of reproduction. This journey requires sheer determination, as often the salmon will risk its life to get where it needs to be. Like Leo folk who can possess have such a fiery focus, Salmon individuals may fervently know what they want and won't stop till they get it. The Salmon energy can be found in the south, a time when the sun shines brightly and our soul needs to engage in the creative process in order to truly experience life. The Otter energy, found directly opposite the salmon in the north, reflects the fiery passion of the salmon qualities by revealing the strengths of logic and detachment. When the salmon energy is close to burning out it is the Otter qualities that can impasse important wisdom to the salmon individual.

Source: <https://twofeathers.co.uk/pages/native-american-astrology?srltid=AfmBOorKKTEC2oCt07oju-LHU49HG5j3meprDk6v-3OEW-OJ0Ncg6vYs#red-hawk-and-aries>



# Wellness Wednesdays

**July 2 🕒 5pm 📍 MDG**  
*Strawberry Teaching | Dinner provided*

**July 23 🕒 10 am 📍 MDG**  
*Trauma Awareness*

**July 30 🕒 1 pm 📍 MDG**  
*Harm Reduction Awareness*  
*in Honour of Drug User's Remembrance Day*

**Information sessions with light snacks and refreshments.**  
**For more information and to RSVP please contact:**  
✉ [Heather.Roy@wahnapiataefn.com](mailto:Heather.Roy@wahnapiataefn.com) ☎ (705) 858-7700



# A LITTLE TIME, A BIG DIFFERENCE



## SEEKING VOLUNTEER DRIVERS



[NIIJCFS.COM/VOLUNTEER](https://niijcfs.com/volunteer)

**Volunteers strengthen the layers of support that ensure children, youth and families are surrounded by family, extended family, community, clan, and Nation to support healthy lifestyles and positive outcomes.**



**Niijaansinaanik**  
Child and Family Services





# Traditional Medicine Workshop

WITH ESSTIN McLEOD, ANISHINAABE MEDICINE PRACTITIONER

Friday, July 18

Depart from Centre of Excellence 🕒 9AM - 4PM

Lunch provided, please dress for the weather and bring sunscreen and bugspray.

Transportation provided or please feel free to bring your own ATV or UTV.

For more information please contact:



Line.Baillargeon@wahnapiataefn.com



(705) 858-0610

## Know the Signs

**A drug poisoning is a medical emergency.**

Know the signs of a drug poisoning and call 9-1-1 right away if you notice someone experiencing the following signs/symptoms:

- difficulty walking, talking, or staying awake;
- blue lips or nails;
- very small pupils;
- cold and clammy skin;
- dizziness and confusion;
- extreme drowsiness;
- choking, gurgling or snoring sounds;
- slow, weak, or no breathing;
- inability to wake up, even when shaken or shouted at.

**Don't Run. Call 9-1-1.**

Anishinabek Police Service frontline officers and other first responders carry naloxone and we want to assist. The Good Samaritan Drug Overdose Act provides broad legal protections for anyone seeking emergency support during a drug poisoning, including the person experiencing the poisoning.

This means citizens, including youth, will not be charged for offences such as simple possession for calling 9-1-1 in an emergency.

### Carry Naloxone

Naloxone can temporarily reverse an opioid poisoning. It is available free-of-charge, at the Centre of Excellence, along with substance testing kits. Contact or visit Heather, Community Wellness Coordinator, to get yours.

**Free naloxone and substance testing kits available.**



*Aanii, boozhoo,*

*As we move into the heart of summer, I want to take a moment to thank all of you who participated in our recent Council elections. Whether you ran for office or supported someone who did, your engagement shows the strength and spirit of our community. It takes courage and commitment to step forward in leadership, and I deeply respect everyone who put their name forward.*

*I would like to extend my sincere congratulations to Bob Pitfield on his re-election, and to Marnie Anderson, Jamie Roque, and Terry Roque on their successful elections to Council. Each of them brings valuable insight, passion, and dedication to the table, and I look forward to working together to support our community and move our Nation forward.*

*I also want to offer heartfelt thanks to our outgoing councillors for the dedication and time they gave during their term. Your efforts helped to lay the groundwork for many of the initiatives we are continuing today. Your service to Wahnapiatae First Nation will not be forgotten.*

*I am truly honoured to be re-elected as Chief of Wahnapiatae First Nation. It is a responsibility I do not take lightly. Over the next term, I will continue to work tirelessly and advocate for the wellbeing of our members—both on- and off-reserve. Whether it's in health, housing, education, economic development, or preserving our culture and traditions, I will ensure our voices are heard and our needs are represented at every level.*

*Summer is a time for celebration, reconnection, and rest. Please remember to stay safe—especially when out on the water. Safe boating saves lives, and we want everyone to enjoy the season in good health and good spirits.*

*We have so many exciting events and activities planned in the weeks ahead. Be sure to check out the full calendar of community events, and don't forget to stop by the Open House on July 5. It's a great opportunity to visit, ask questions, and connect with programs and staff working on behalf of our Nation.*

*And finally—to all our children, youth, and families—have a fun, safe, and joyful summer. Enjoy every moment, take care of one another, and let's continue to support and uplift each other as a community.*

*Gimaa Larry Roque*

## Wahnapiatae First Nation Centre of Excellence

259 Taighwenini Trail Rd. Capreol, ON P0M 1H0  
Phone: (705) 858-0610 Fax: (705) 858-5570

### Hours:

Monday 8:00 AM - 4:30 PM  
Tuesday - Thursday 8:00 AM - 5:30 PM  
Closed Fridays and Statutory Holidays

**For the most up to date  
community information, notices,  
events and updates, visit [www.  
wahnapiataefirstnation.com](http://www.wahnapiataefirstnation.com)**

### Members Portal

**Register to access to  
member documents,  
surveys, votes and more.**



### E-notices

**Recieve member  
documents, surveys,  
votes and more by email.**

**How can we  
reach you?**  
**Scan to complete a survey.**



**Contact or visit us  
for copies or assistance.**



**WahnapiataeFirstNation**

**Do you have questions, comments or suggestions,  
want to share something in our newsletter?**

✉ [communications@wahnapiataefn.com](mailto:communications@wahnapiataefn.com)  
☎ (705) 858-0610 Ext: 234

The Wahnapiatae First Nation Community Newsletter is  
published on the last Thursday of every month.

Selected photos and materials courtesy of the organization and staff, shutterstock.com, metrocreativeconnection.com, and canva.com. Created by the Communications Officer.





# Chief & Council

## REGULAR MEETING Monday, July 28

📍 **ELDER'S LOUNGE & ZOOM** ⌚ **6:00 PM**

*Members wishing to attend via Zoom can find the link to register at*

🌐 **[wahnapi'taefirstnation.com/members-login](https://wahnapi'taefirstnation.com/members-login)**

- The deadline to register for the web version of this meeting is July 22.
- Registration is only open to WFN members who are over 18. Virtual attendees must use their legal name when joining the meeting.
- Once registered, prior to meeting, you will receive a confirmation email with information about joining the Zoom Meeting.
- In-person members are welcome to attend and listen to regular Chief and Council meetings for updates.
- **To be added to the meeting agenda for a 10-minute time slot, submit your request at least 7 days before the meeting date (in accordance with the Governance Procedure Policy). Request submissions can be made in the following ways:**
  - In writing and dropped off at the Band Office during office hours
  - By email to Executive Assistant Jenn Brazier at [jenn.brazier@wahnapi'tae1n.com](mailto:jenn.brazier@wahnapi'tae1n.com)
  - By phone at 705-858-0610, extension 259.
  - Be sure to include your preferred contact information so your request can be confirmed.



SCAN HERE  
TO OPEN LINK





# Traditional Holistic Wellness

## THREE DAY WORKSHOP

### July 29 | Medicine Walk

Maan Doosh Gamig 🕒 10:00 AM - 4:00 PM

### July 30 & 31 | Medicinal Teachings

Maan Doosh Gamig 🕒 10:00 AM - 4:00 PM

Lunches provided for all sessions. Please dress appropriately for the weather.

For more information and to RSVP please contact:

✉ Line.Baillargeon@wahnapietaefn.com ✉ Lori.Corbieri@wahnapietaefn.com

📞 (705) 858-7700



## GOOD FOOD

**JULY**

ORDER BY THURSDAY, JULY 3  
PICK-UP ON THURSDAY, JULY 10

**AUGUST**

ORDER BY THURSDAY, AUGUST 7  
PICK-UP ON THURSDAY, AUGUST 14

**SMALL BOX \$10 LARGE BOX \$21**

To order or for more information:

✉ Heather.Roy@wahnapietaefn.com

📞 (705) 858-7700



## Let's Bead!

**July 21 & August 18**

📍 Elder's Lounge 🕒 4-6pm

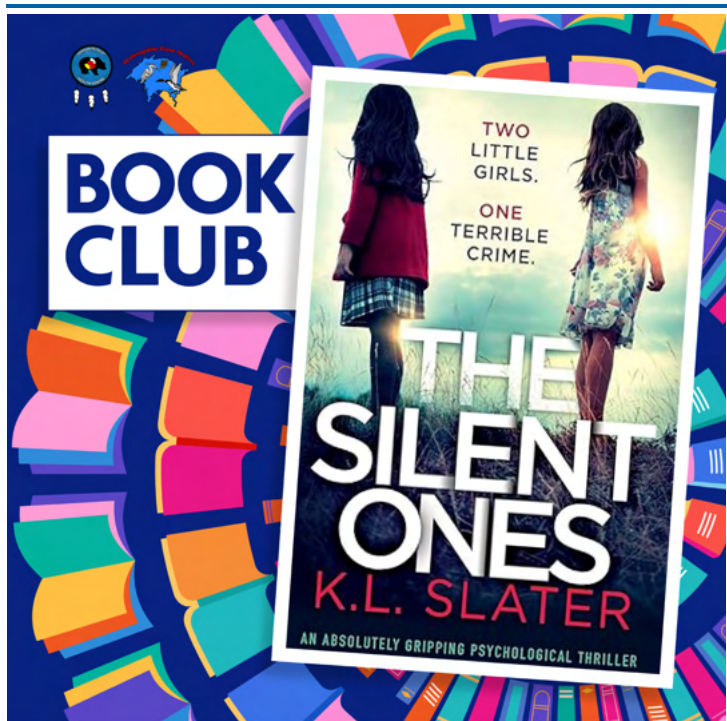
Snacks and refreshments provided.  
Bring unfinished projects or start new ones!

For questions or more information please contact:

✉ Natalie.Goring@wahnapietaefn.com 📞 (705) 920-9106







DISCUSSION: **WEDNESDAY, JULY 30**

📍 Elder's Lounge 🕒 3:30pm

Sign-up with Heather by Tuesday, July 1.

✉️ heather.roy@wahnapietaefn.com ☎️ (705) 858-7700

**Nutrition**  
**BINGO**

**Thursday, July 17**  
📍 Maan Doosh Gamig 🕒 5:00 PM

Dinner served at 5:00 PM followed by Bingo at 5:30 PM.

For questions or more information please contact:  
✉️ Heather.Roy@wahnapietaefn.com ☎️ (705) 858-7700

# Summer Family Survival Kits

**Sign up with Natalie or Alison by Friday, July 4.**  
Participants will be notified when kits are ready for pick up.

✉️ Natalie.Goring@wahnapietaefn.com    ✉️ Alison.Sabzali@wahnapietaefn.com  
☎️ (705) 920-9106    ☎️ (705) 858-7700



*Christopher Roque Memorial Fund*  
**50/50 Raffle Tickets**



To purchase or for more information please contact:  
📧 Heather.Roy@wahnapietaefn.com ☎ (705) 858-7700  
📧 Betty-Kay.Hill@wahnapietaefn.com ☎ (705) 822-5690



# Work on it Wednesday

Looking to start a new project or  
have unfinished beadwork at home?  
Join us for dinner and crafting!

**July 9 & August 6**

🕒 5-8 PM 📍 Maan Doosh Gamig

Please RSVP by July 8 and August 5:  
📧 Natalie.Goring@wahnapietaefn.com  
☎ (705) 920-9106

A graphic featuring a wooden cutting board with various vegetables (tomatoes, onions, leeks, cabbages) and a circular logo with a fork and spoon. The text 'HEALTHY RECIPE OF THE MONTH' is written around the logo.

**HEALTHY RECIPE OF THE MONTH**

RSVP: July 16  
Pick-up: July 23  
RSVP: Aug. 13  
Pick-up: Aug. 20

Bring your bags to MDG from 4-6pm.  
To RSVP and for more information:  
📧 Rochelle.Tyson@wahnapietaefn.com  
☎ (705) 858-7700

A circular logo featuring a stylized bird or feather design.

# CONGREGATE DINING

ELDERS 55+

**JULY 3**  
RSVP BY JUNE 26

**AUGUST 7**  
RSVP BY JULY 31

📍 Maan Doosh Gamig 🕒 5:00 PM

*In person or pick-up only. Seniors are welcome to  
socialize afterward with a game of cards or chatting.*

To RSVP or for more information:

📧 Heather.Roy@wahnapietaefn.com ☎ 705-858-7700





ServiceOntario

**TRAILER SCHEDULE:**  
WAHNAPITAE FIRST NATION



**June 12 & July 3**

🕒 3-7 PM 📍 Elders Lounge  
259 Taighwenini Trail Road

Contact: [info@niigaaniin.com](mailto:info@niigaaniin.com)

**ATTENTION**  
**COMMUNITY MEMBERS!**  
**NIIGAANIIN**



Please bring the following:

- One piece of government ID
- Your expired health card/drivers license



**Mobile  
Service**

Renew your health card, drivers license  
and benefit from our new MTO services  
at Niigaaniin Services Mobile  
ServiceOntario Trailer.



**Members Portal  
NOW LIVE**

Please register at:



**[www.wahnapitaefirstnation.com](http://www.wahnapitaefirstnation.com)**



# FAMILY OUTDOOR MOVIE NIGHT

Friday, August 22

📍 Family Wellness Centre 🕒 7:30-10:30pm

*Movie to be announced! Snacks and refreshments provided.*

*Weather dependent. Please bring chairs and blankets.*

*Children under 12 must be accompanied by adult or guardian.*

For questions or more information please contact:

✉️ [Natalie.Goring@wahnapietaefn.com](mailto:Natalie.Goring@wahnapietaefn.com) ☎️ (705) 920-9106





AGES 4 - 12

# JULY SUMMER CAMP 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
6	7 First Day of Summer Camp 2025! Intro & Games	8 Whinnying in Life Hammer Outing <b>Departure: 10:30AM</b> <b>Return: 2:30PM</b>	9 <b>SCIENCE TECHNOLOGY ENGINEERING MATH</b>	10 Outdoor Games	11 Closed	12 Open House
13	14 Chalk Play & Obstacle courses	15 Whinnying in Life Hammer Outing <b>Departure: 10:30AM</b> <b>Return: 2:30PM</b>	16 Kalmo Beach & Picnic lunch <b>Departure: 10:30AM</b> <b>Return: 2:30PM</b>	17 Rock Painting & outdoor Water Play	18 Closed	19
20	21 Relationship Building Through Art	22 Whinnying in Life Hammer Outing <b>Departure: 10:30AM</b> <b>Return: 2:30PM</b>	23 Medicine Walk with Line & mini drum rattle making	24 PJ day ! Movies & free play	25 Carnival TBD	26
27	28 Science North Visiting	29 Whinnying in Life Hammer Outing <b>Departure: 10:30AM</b> <b>Return: 2:30PM</b>	30 Ella Lake Beach day!	31 Baby Eagle Staff Birthing ceremony @ MDG Hall		

## Goals

Set 1 goal • Be kind  
Move 30 min/day  
Drink water • Try something new

Each week, try your best to reach these small goals. They'll help you grow, learn new things, stay healthy, and have fun. Remember, progress is more important than perfection. Let's do our best and support each other!

## Notes

**\*\*All scheduled activities are subject to change due to weather, or unforeseen circumstances. Parental responsibility to have other arrangements in place if childcare is required.\*\***

**Summer Camp Schedule:**  
(Ages 4-12)  
Monday-Thursday  
9-12pm - **Closed for lunch** | 1-3pm

Contact Nancy or Cinnamon for more information

**nancy.debassige@wahnapiataefn.com**  
**705 - 822 - 1956**

**cinnamon.cyr@wahnapiataefn.com**  
**705 - 822 - 6713**

# Wahnapi'tae First Nation

## July 2025 • Miin Giizis Berry Moon Community Events



Niizhwaaso-Giizhigad	Ntam-Giizhigad	Niizho-Giizhigad	Nso-Giizhigad	Niiwo-Giizhigad	Naano-Giizhigad	Ngodwaaso-Giizhigad
29	30	1 OFFICES CLOSED	2 • Wellness Wed. - 5pm	3 • Working with Medicines - 10am • Service Ont. - 3pm • Congregate Dining - 5pm • Traditional Medicines Contest Drop Off	4 • Summer Survival Kits Sign Up	5 • Dept. Open House - 9am
6 • PAL Gun Safety Course - 9am	7	8 • Trsfrm. Tue. -3pm • TLC Tue. - 3pm • Anishinaabemowin Session - 5:30pm • Healthy Snacks Pick Up - 3pm	9 • Work on it Wednesdays - 5pm	10 • Seniors' Pontoon Fishing Trip - 9am • Good Food Box P/U • Traditional Medicines Contest Drop Off	11	12
Youth Culture Camp July 8 - 10 9am - 4pm						
13	14	15 • Trsfrm. Tue. -11am • TLC Tue. - 3pm • Anishinaabemowin Session - 5:30pm	16	17 • Nutrition Bingo - 5pm • Senior Activity Kits Pick-Up • Traditional Medicines Contest Drop Off	18 • Traditional Medicines Workshop w. Esstin - 9am • Teen Talk - Human Trafficking Info Session - 6pm	19
20	21 • Technica Mining Engagement Session - 5:30pm • Let's Bead - 4pm	22 • Trsfrm. Tue. -11am • TLC Tue. - 3pm • Anishinaabemowin Session - 5:30pm • Chief & Council Regular Mtg. - 6pm	23 • Wellness Wed. - 10am • Healthy Recipe OTM Pick Up - 4pm	24 • Diabetes Snacks Pick Up - 3pm • Traditional Medicines Contest Drop Off	25	26
27	28 • World Hepatitis Day Info Sessions - 9:30am • Chief & Council Regular Meeting - 6pm	29 • Trsfrm. Tue. -11am • TLC Tue. - 3pm • Anishinaabemowin Session - 5:30pm	30 • Wellness Wed. - 1pm • Book Club Meeting - 3:30pm	31 • Seniors' Blueberry Picking Trip - 9am • Traditional Medicines Contest Drop Off	1	2
Traditional Holistic Wellness Workshop July 29-30 - 10am - 4pm						
3	4	5	6	7 • Traditional Medicines Contest Drop Off	8	9

Please visit [www.wahnapi'taeFIRSTNATION.com](http://www.wahnapi'taeFIRSTNATION.com) for all up-to-date community event information, news and notices.